Attic Headroom Zone Sheet

Map your slope to perfectly place your bed, storage, and daily walkway.

Transform odd eaves into a breathable hideaway by letting your primary walkway dictate the layout. Use these measurements to confidently position your furniture without constantly bumping your head.



Key Attic Clearances

2 m
Tape your 2 m line safely

Min. 80 cm
Width for main daily walkway route

Min. 90 cm
Mattress top to slope sit-up clearance

30 cm
Intervals to measure from knee wall

50-60 cm
Depth for drawers into the eaves

20-25 cm
Max thickness for foam mattress core

Bed on locking casters

Mount your low platform bed on heavy-duty locking casters. It effortlessly rolls straight out into the standing zone for sheet changes, then glides back under the eaves.

Find Your Furniture Zones

Find your row: **Measured ceiling height**

Measured ceiling height	Your pick	Why
80 to 100 cm	Low-profile secondary furniture	Keeps visual weight near the floorboards
90 cm over bedding	Bed and sit-up spot	Clearance to comfortably read and relax
Under 180 cm	Drawers into the eaves	Replaces tall dressers in the walkway
2 meters (200 cm)	Primary daily walkway	Full-height volume for upright movement

Map & Check Your Space

- ○ Record ceiling height at 30-cm intervals outward from the low knee wall.
- ○ Measure sit-up clearance from your fully made bedding, not bare mattress.
- ○ Pull bed frame forward 15 cm to align posture with higher angles.
- ○ Leave a 5 cm gap behind the headboard to allow proper airflow.
- ○ Use a two-rod skylight drape (top and bottom) for flush sheer panels.

Room Measurements & Notes

Enjoy designing a cozy, intentional retreat where every angle works beautifully for you.