Cozy Bedroom Layering Checklist

Exact sizes and lighting specs for a romantic retreat

Arrange your bedroom textiles and lighting using exact designer measurements for a perfectly proportioned space. Use this guide to create a warm, inviting room where nobody wants to leave.



Key Proportions

At least 24 in
Rug extension past all bed sides

One size up
Duvet size relative to your mattress

2700K to 1800K
Warm-dim bulb color temperature range

At pillow level
Lampshade bottom rim height above mattress

Just under ceiling
Curtain rod mounting height above window

10-12 in
Rod extension past the window edges

Match Your Duvet Insert

Always match your duvet insert to the exact dimensions of your cover to prevent empty borders and achieve that heavy, luxurious pooling effect.

Find Your Perfect Proportions

Find your row: **Your mattress size**

Your mattress size	Your pick	Why
Standard Queen	8x10 foot rug	Expands room and grounds bed
Standard Queen	King duvet and cover	Creates a luxurious, effortless drape
Standard King	Super-king duvet cover	Prevents exposed bottom mattress edge

Measure Before You Buy

- ○ Verify a minimum 18-inch border of exposed floor remains around rugs.
- ○ Check mattress depth so the larger duvet covers the bottom edge.
- ○ Sit up in bed to locate your exact stacked pillow height.
- ○ Verify lampshade placement is 18 to 22 inches above the mattress.
- ○ Ensure your curtain hardware is sturdy metal to hold heavy linen.

Romantic Layering Checklist

- ☐ Relaxed linen duvet cover in deep clay or rust.
- ☐ Crisp, cool chalky white percale sheets for fresh contrast.
- ☐ Chunky woven blanket placed at the foot of bed.
- ☐ One patterned lumbar pillow in vintage-inspired earthy tones.
- ☐ Heavy-duty rug pads for extra cushioning and anchoring.
- ☐ Curtain rings with clips to add one extra inch.

Room Dimensions & Notes

Enjoy your beautifully balanced, perfectly proportioned cozy bedroom retreat!