

Pantry Organization: Pro Sizing Guide

Map your shelves and perfectly size every canister to the grocery bag.

Transfer groceries into perfectly sized containers without leftovers using this decanting chart. Map your shelves from floor to ceiling to arrange daily staples for effortless cooking.

● Shelf-Height Zone Map

72+ in

Top shelf for seasonal paper goods

60-72 in

Upper shelf for baking backup jars

36-60 in

Middle shelf for high-turnover snacks

18-36 in

Lower shelf for heavy liquid bins

0-18 in

Floor level for heavy bulk baskets



Perfect Proportions

Always size jars to the bag to eliminate frustrating half-empty sacks and perfectly fit the exact grocery volume without leaving awkward leftovers.

● Decanting Preparation

- 1 **Empty completely** Wipe bare shelves to visualize spatial harmony without visual clutter blocking your perspective.
- 2 **Wash and dry** Run glassware through high heat; air dry overnight to prevent powders from clumping.
- 3 **Save instructions** Keep the vital box recipe taped on the back of clear canisters.
- 4 **Label bottoms** Mark expiration dates underneath using a white waterproof paint pen.

● Jar-to-Bag Canister Chart

Find your row: **Standard Grocery Bag**

Standard Grocery Bag	Your pick	Why
5-lb standard bag	4-quart glass jar	Flour, granulated sugar, rolled oats
2-lb grocery bag	2-quart clear canister	Rice, lentils, quinoa, brown sugar
Standard medium bag	1.5-quart glass jar	Whole coffee beans, dry pasta
Minor precise quantities	1-quart airtight container	Chia, flaxseed, cocoa, salt, soda

● Pantry Setup Checks

- Locate the prime daily food: hip to eye zone for easy reach.
- Identify a front-center spot for an eat-me-first basket to catch opened snacks.
- Measure shelf clearance so the entire bake bin lifts out as one.
- Check that woven floor baskets provide cross-ventilation to keep root vegetables dry.

● 15-Minute Monthly Reset

- ☐ Check expiration dates on all back-stock cans.
- ☐ Consolidate any duplicate open cereal boxes.
- ☐ Wipe down middle shelves with a damp microfiber cloth.
- ☐ Verify floor baskets maintain airflow for root vegetables.

● Pantry Measurements & Notes

Enjoy your beautifully balanced, effortlessly functional new pantry space!