Indoor Plant Light & Watering

Confidently place, pot, and water your jungle with this 20-plant chart.

Take the guesswork out of your routine and master simple sensory checks. You will ensure your favorite tropicals thrive all year long with perfect light and drainage.



Key Plant Measurements

12 in (30 cm)
Distance from wall for shadow test

50% lighter
Target pot weight before you water

90 degrees
Amount to rotate pots every week

40 / 30 / 30
Percentage ratio of soil, bark, perlite

10 to 15%
Humidity increase when grouped together

3 to 6 in
Distance to space grouped pots apart

Timing the Shadow Test

Perform your shadow test between 11 AM and 1 PM when the sun is highest to establish the most accurate, reliable baseline reading for your space.

The Weekly Maintenance Routine

1. **Use the cachepot** Keep plants in original plastic nursery containers hidden inside decorative outer pots for perfect drainage.
2. **Check pot weight** Lift the inner container; hydrate only when it feels significantly lighter than its saturated baseline.
3. **Rotate and wipe** Turn the ceramic cachepot using your pencil mark and wipe broad leaves with a damp cloth.
4. **Flush the roots** Run lukewarm water freely through the root zone every four to six weeks to clear minerals.

Aroids & Pothos Chart

Find your row: **Plant**

Plant	Your pick	Why
Golden Pothos	Sharp shadow, East window	Dry halfway, chunky aroid mix
Monstera Deliciosa	Sharp shadow, sheer curtain	Dry halfway, chunky aroid mix
ZZ Plant	Sharp shadow, East window	Dry halfway, chunky aroid mix
Philodendron	Sharp shadow, sheer curtain	Dry halfway, chunky aroid mix
Syngonium	Sharp shadow, East window	Dry halfway, chunky aroid mix

Thick-Leaved Tropicals Chart

Find your row: **Plant**

Plant	Your pick	Why
Rubber Tree	Sharp shadow, South window	Dry halfway, chunky aroid mix
Fiddle Leaf Fig	Sharp shadow, South window	Dry halfway, chunky aroid mix
Bird of Paradise	Sharp shadow, South window	Dry halfway, chunky aroid mix
Ponytail Palm	Sharp shadow, South window	Dry halfway, chunky aroid mix
Jade Plant	Sharp shadow, South window	Dry halfway, unglazed clay pot

Ferns & Moisture Chart

Find your row: **Plant**

Plant	Your pick	Why
Boston Fern	Fuzzy shadow, medium light	Keep evenly moist, standard soil
Maidenhair Fern	Fuzzy shadow, medium light	Keep evenly moist, standard soil
Bird's Nest Fern	Fuzzy shadow, medium light	Keep evenly moist, standard soil
Staghorn Fern	Fuzzy shadow, medium light	Keep evenly moist, standard soil
Blue Star Fern	Fuzzy shadow, medium light	Keep evenly moist, standard soil

Succulents & Sun Chart

Find your row: **Plant**

Plant	Your pick	Why
Aloe Vera	Sharp shadow, South window	Dry completely, unglazed clay pot
Snake Plant	Sharp shadow, South window	Dry completely, unglazed clay pot