

Green Paint LRV & Lighting Cheat Sheet

Balance dark walls with the perfect finishes, lighting, and textiles.

Transform your dim space into an intentional, cozy retreat. Use this guide to select the perfect green paint and layer lighting for a beautiful, glowing room.

● Key Lighting & LRV Targets

LRV 35

For rich depth in dim rooms

Under LRV 20

Avoid in north-facing rooms

2700K

Warm LEDs to enhance olive tones

Minimum 3

Distinct light sources at varying heights

Color-Drenched Trim

Painting your baseboards, window casings, and crown molding the exact same green prevents dark trim from looking muddy and allows your furniture to beautifully stand out.



● Find Your Paint Finish

Find your row: **Surface to paint**

Surface to paint	Your pick	Why
Living room walls	Satin finish	Provides a subtle, elegant glow
Ceilings only	Flat or matte finish	Hides drywall seams completely
Bedrooms	Eggshell finish	Offers low light reflection
Trim and doors	Semi-gloss finish	Provides high light reflection

● Before You Paint

- Paint large sample squares on the darkest wall.
- Check swatches at dusk and under artificial light.
- Test for warm yellow bases to avoid cool graying.
- Patch holes and sand the drywall surface completely smooth.
- Apply a tinted dark primer for a flawless final coat.

● Low-Light Styling Checklist

- ☐ Add a cognac leather armchair for visual warmth.
- ☐ Place a brass floor lamp by a reading chair.
- ☐ Position a large mirror opposite the only window.
- ☐ Install inside-mount linen Roman shades to maximize sunlight.
- ☐ Layer a heavily textured wool rug to absorb sound.
- ☐ Incorporate walnut or teak side tables for organic warmth.
- ☐ Tuck a floor lamp into the darkest corner.
- ☐ Install dimmers on all fixtures to control the mood.

● Room Notes & Measurements

Enjoy your beautifully balanced, cozy green living room!