Gray Room Texture & Tone Checklist

Select the perfect paint, lighting, and textiles for a cozy sanctuary.

Master the balance of warm undertones and rich textures to keep your gray bedroom feeling airy and inviting. Use this guide to confidently layer light, wood, and fabric.



Key Room Measurements

60 or higher
Paint LRV to bounce natural daylight

2700K
Bulb temperature for warm ambient glow

2 shades darker
Secondary wood contrast to primary pieces

At least 2 feet
Rug extension beyond the bed sides

Exactly level
Nightstand height relative to mattress top

Absorb Light Gently

Choose a flat or matte paint finish to create a velvety backdrop that minimizes drywall imperfections and enhances your room's cozy atmosphere.

Find Your Paint Undertone

Find your row: **Window Direction**

Window Direction	Your pick	Why
North facing	Yellow or brown	Warms flat, chilly bluish light
South facing	Cool or neutral	Balances bright, glowing golden light
East facing	Warm greige	Adapts to shifting morning light
West facing	Balanced neutral	Suits shadowy mornings and warm evenings

Texture & Tone Checklist

- [ ] Washed linen duvet over a baffle-box all-season insert.
- [ ] Charcoal accent sham standing upright in front of sleeping pillows.
- [ ] Natural wood furniture with undertones matched to your wall warmth.
- [ ] Chunky knit blanket draped casually across the lower third.
- [ ] Layered linen drapery to filter harsh afternoon sunlight.
- [ ] Unlacquered brass or antique gold lamp base for subtle shine.
- [ ] Subtle pattern like pinstripe sheets or muted geometric weave.
- [ ] Nightstand limited to lamp, books, and textured ceramic catchall.

Check In Your Room

- ○ Evaluate paint swatches next to your primary wood pieces and fabrics.
- ○ Examine wood grain in natural daylight to identify underlying hues.
- ○ Confirm your bedside lamps use lower wattage bulbs for soft light.
- ○ Verify room has dimmable overheads, reading lamps, and a floor lamp.

Room Measurements & Notes

Enjoy your beautifully balanced, cozy new sanctuary!