Nursery Layout & Lighting Checklist

Design a beautiful, functional environment for smoother night wakings.

Arrange your furniture for safety and layer your lighting for peaceful nights. These strategic measurements help you navigate smoothly in the dark.



Key Nursery Measurements

36 in
Ergonomic dresser height

3+ ft
Crib distance from windows

6-8 in
Bare floor space around rug

1 in
Rug pad trimmed shorter than rug

4-6 in
Curtain rod above window trim

18 in
Floating shelves above dresser surface

2700K
Floor-level nightlight glow

Check The Eye Level

Test your newly layered lighting from a seated position in the feeding glider to ensure no bare bulbs are visible from the baby's resting eye level.

Select Your Rug Pad

Find your row: **Your floor type**

Your floor type	Your pick	Why
Hardwood	Felt and rubber (1/4 in)	Protects from long-term scratching
Laminate	100% natural rubber (1/8 in)	Prevents dangerous slipping
Tile	Memory foam (3/8 in)	Adds crucial acoustic dampening

Safety Checks Before You Start

- ○ Locate wooden studs with a magnetic finder for anti-tip brackets.
- ○ Check the dresser's solid wood back for anchoring the changing pad.
- ○ Confirm your roller shade has a true acrylic blackout backing.
- ○ Verify the ceiling fan can rotate counterclockwise for a cooling downdraft.

Layout & Lighting Checklist

- ☐ Ground the room with a washable vintage rug.
- ☐ Maintain a wide walking path between major furniture pieces.
- ☐ Center the crib on an uninterrupted interior wall.
- ☐ Layer curtains over a hidden inside-mount blackout shade.
- ☐ Hang a dimmable wall sconce beside the feeding glider.
- ☐ Streamline changes with a weighted wipe box for quick access.
- ☐ Tuck a hands-free step-pedal diaper pail beside the dresser.
- ☐ Anchor the heavy dresser and changing pad to wall studs.

Nursery Notes

Enjoy creating a beautifully balanced space where you and your baby can rest easily.