

Weekend Bedroom Sanctuary

A Saturday-to-Sunday schedule for painting, styling, and resting.

Transform your bedroom into a serene retreat in just one weekend. This sequence times your messy work perfectly so you can enjoy a crisp, designer-quality space by Sunday night.

● Key Measurements

30 in (76 cm)

String-drawn arch (queen bed)

+16 in (40 cm)

King duvet, queen bed drape

Chin level

Shade at chin height when sitting

26x26 in (66 cm)

Euro shams in back for support

2 front covers

Press only pillowcases for polish

40 in (101 cm)

Tack height from floor

2 in (5 cm)

Arch margin beyond mattress sides

The Strategic Ironing Shortcut

Skip ironing the heavy duvet cover and fitted sheets entirely. Press only the front pillowcases to give the head of the bed a crisp, intentional polish.



● The Weekend Schedule

- 1 Saturday Morning: Paint** Tie string to center tack, sweep pencil, cut in edge, and roll flat finish.
- 2 Saturday Afternoon: Wash** Pull tape at 45-degree angle while damp. Wash flax linens cold, dry low.
- 3 Saturday Night: Cure** Let terracotta paint dry undisturbed for at least twelve hours to prevent scuffing.
- 4 Sunday Morning: Bedding** Tie duvet corners inside out, tuck fitted sheet taut, build pillow foundation.
- 5 Sunday Afternoon: Style** Stack books under base to correct lighting ergonomics, manage cords with clips.

● Weekend Supplies

- ☐ Terracotta paint, brushes, and roller
- ☐ High-adhesion primer and lightweight spackle
- ☐ Painter's tape and canvas drop cloth
- ☐ Thumbtacks, string, and sharp pencil
- ☐ King duvet insert and mid-weight linen cover
- ☐ Two 28-inch feather Euro inserts
- ☐ Warm 2700K LED bulb and adhesive clips

● Before You Start

- Measure your mattress width to find the exact halfway point.
- Inspect the arch zone for old nail holes to patch.
- Verify if current walls are dark or glossy for primer.
- Test lamp height by sitting up in bed.

● Paint Finish Selection

Find your row: **Your wall surface**

Your wall surface	Your pick	Why
Focal walls or arches	Matte / Flat	Absorbs light, hides imperfections
Standard bedroom walls	Eggshell	Soft sheen for everyday use
Baseboards and doors	Satin / Semi-Gloss	Highly reflective finish

● Project Notes

Enjoy your beautifully styled, perfectly timed weekend sanctuary.