

Bedroom Styling Measurement Sheet

Calculate your exact rug, art, and lighting placement

Grab this measurement sheet to perfectly calculate your grounding elements and styling proportions. Confidently place your lighting, art, and textiles using exact numbers.

● Key Bedroom Measurements

60 cm

Rug overhang past your bed frame

2/3

Art width relative to bed width

15-20 cm

Art height above your specific headboard

40-45 cm

Sconce height above your mattress top

Min. 90 cm

Clear walkway around the bed sides

2700 K

Bulb temperature for warm evening light



The Billowing Duvet Secret

Buy your duvet insert exactly one size up from your cover. Secure the corners with heavy-duty safety pins or internal ties so the extra filling never shifts.

● Paint Your Cord Cover

- 1 Scuff The Plastic** Lightly scuff the plastic cover with fine-grit sandpaper to prepare the surface.
- 2 Wipe Away Dust** Wipe away the plastic dust with a damp microfiber cloth.
- 3 Apply Primer** Apply one coat of high-adhesion bonding primer.
- 4 Brush On Paint** Brush on your matching wall paint and let it dry completely.
- 5 Snap Over Cord** Snap the painted cover over the scone cord to camouflage the wire.

● Check Before You Buy

- Check door swing clearance before placing thick wool rug piles.
- Confirm your chosen nightstands sit level with or below your mattress.
- Ensure your mattress provides adequate support for your sleeping position.
- Verify your cord cover plastic is paintable before applying primer.

● Furniture Sizing Guide

Find your row: **Your Bed Size**

Your Bed Size	Your pick	Why
Standard queen bed	8x10 rug, 50–60 cm nightstand	Maintains correct visual proportions
Larger king bed	9x12 rug, 70–80 cm nightstand	Anchors the extra mattress width

● Bedroom Planning Notes

Enjoy your beautifully balanced, serene bedroom every single morning before coffee!